



# St. John's Episcopal Church

3507 Pine St. Pascagoula, MS 39567

August 2023

Hello, St. John's!

I am so excited to be serving as your interim rector. You have made me feel very welcome, and I look forward to journeying with you as the search for your new rector progresses. It may seem that the search process takes quite a long time, but it is important to move carefully and intentionally through this process. This is a time for the parish to look at its history – where have you been; and the present – where are you now; and the future – what is St. John's vision for the future?

Fall activities are underway with the Blessing of the Backpacks, Installation of two new Daughters of the King, and the Draw-down all taking place in the last few weeks. Coming up will be activities for the Young Couples, Junior EYC and Rally Day on September 10 which marks the beginning of Sunday school with two classes! Be sure to check out the insert in your Sunday service booklet.

This past Sunday, August 6, we celebrated the Transfiguration of Our Lord Jesus Christ. And yes, we also celebrate this on the last Sunday in Epiphany.

We will continue our journey through Ordinary Time with the Gospel of Matthew. Jesus will be walking on water on the 13<sup>th</sup> of August, encountering a persistent Canaanite woman on the 20<sup>th</sup>, and proclaiming Simon

Peter as “the Rock” on the 27<sup>th</sup>. Join us Sundays at 8 a.m. in the chapel or 10:30 in the main sanctuary as we unpack these Gospel lessons. If you are unable to be with us in person, you can always watch on YouTube. Just type in the search bar, St. John's Episcopal Church Pascagoula MS.

I would love to get to know all of you. My office hours are Mondays and Thursdays 8:30 a.m. to 12:30 p.m. Please stop by and say hello or give me a call (940-642-5195) or email me at [egraham0708@gmail.com](mailto:egraham0708@gmail.com). If you have a pastoral need, please don't hesitate to call. I am here for you!

This is an exciting and challenging time for the parish, and I am happy to be a part of it!

Peace and Joy,

*Mother Elizabeth +*



# VBS 2023



St. John's gets New Interim Rector

# Welcoming Mother Elizabeth



# Drawdown 2023



# Drawdown 2023



# BE PREPARED FOR EXTREME HEAT



FEMA

FEMA V-1004/June 2018

Extreme heat often results in the highest annual number of deaths among all weather-related disasters.

In most of the U.S., extreme heat is a long period (2 to 3 days) of high heat and humidity with temperatures above 90 degrees.



Greater risk



Can happen anywhere



Humidity increases the feeling of heat as measured by a heat index

## IF YOU ARE UNDER AN EXTREME HEAT WARNING

Find air conditioning, if possible.



Check on family members and neighbors.

Avoid strenuous activities.



Drink plenty of fluids.

Watch for heat illness.



Watch for heat cramps, heat exhaustion, and heat stroke.

Wear light clothing.



Never leave people or pets in a closed car.

# HOW TO STAY SAFE

## WHEN EXTREME HEAT THREATENS



**Find places in your community where you can go to get cool.**

### Try to keep your home cool:

- Cover windows with drapes or shades.
- Weather-strip doors and windows.
- Use window reflectors such as aluminum foil-covered cardboard to reflect heat back outside.
- Add insulation to keep the heat out.
- Use a powered attic ventilator, or attic fan, to regulate the heat level of a building's attic by clearing hot air.
- Install window air conditioners and insulate around them.

**Learn to recognize the signs of heat illness.** For more information visit: [www.cdc.gov/disasters/extremeheat/warning.html](http://www.cdc.gov/disasters/extremeheat/warning.html).



**Never leave a child, adult, or animal alone inside a vehicle on a warm day.**

### Find places with air conditioning.

Libraries, shopping malls, and community centers can provide a cool place to take a break from the heat.

**If you're outside, find shade.** Wear a hat wide enough to protect your face.

**Wear loose, lightweight, light-colored clothing.**

**Drink plenty of fluids to stay hydrated.** If you or someone you care for is on a special diet, ask a doctor what would be best.

**Do not use electric fans when the temperature outside is more than 95 degrees.** You could increase the risk of heat-related illness. Fans create air flow and a false sense of comfort, but do not reduce body temperature.

**Avoid high-energy activities.**

**Check yourself, family members, and neighbors** for signs of heat-related illness.



**Know the signs and ways to treat heat-related illness.**

### Heat Cramps

- **Signs:** Muscle pains or spasms in the stomach, arms, or legs.
- **Actions:** Go to a cooler location. Remove excess clothing. Take sips of cool sports drinks with salt and sugar. Get medical help if cramps last more than an hour.

### Heat Exhaustion

- **Signs:** Heavy sweating, paleness, muscle cramps, tiredness, weakness, dizziness, headache, nausea or vomiting, and fainting.
- **Actions:** Go to an air-conditioned place and lie down. Loosen or remove clothing. Take a cool bath. Take sips of cool sports drinks with salt and sugar. Get medical help if symptoms get worse or last more than an hour.

### Heat Stroke

- **Signs:** Extremely high body temperature (above 103 degrees) indicated by an oral thermometer; red, hot, and dry skin with no sweat; rapid, strong pulse; dizziness; confusion; and unconsciousness.
- **Actions:** Call 9-1-1 or get the person to a hospital immediately. Cool down with whatever methods are available until medical help arrives.

## Take an Active Role In Your Safety

Go to **Ready.gov** and search for **extreme heat**. Download the **FEMA app** to get more information about preparing for **extreme heat**.



## ST. JOHN'S DOOR DROPBOX



The office has recently been asked by several church members about our secure drop box that is installed in our front office door, so this information is provided for clarification.

The purpose of this drop box (metal slot in left photo) is to provide a safe place for parishioners to leave checks, important paperwork or other items that require protection. Once inserted in the slot, the item goes into a locked metal box adhered to the inside of the door (photo on right). The contents can only be accessed by key.

Jenn is the only one with a key to the drop box and she checks it daily during office hours. Jenn will ensure it gets to the right party. If you have something you need the office to have and it's outside of office hours, the drop box is a safe and secure place to leave your items.

## UPCOMING ACTIVITIES

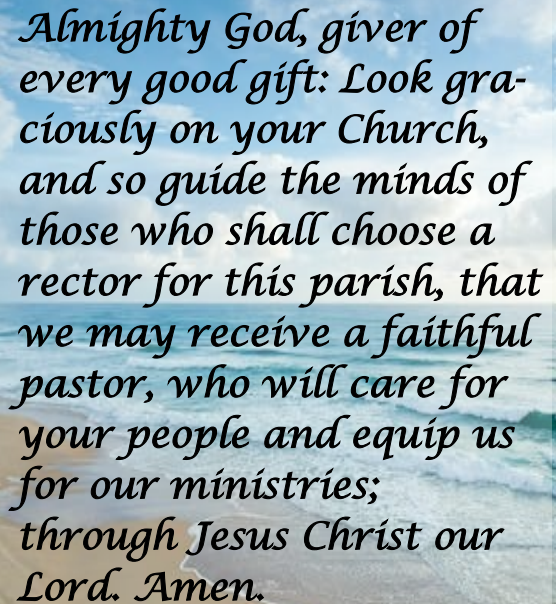
### Young Couples Night

August 30 – Afternoon at the Camp hosted by Priscilla & Ted Battley. More information to come!

### Children's Activities

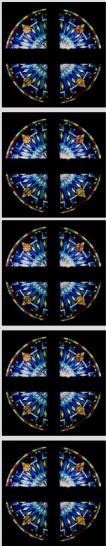
September 10 – “Hot Dog! It's Rally Day!” New Sunday School Year, we are expanding to two classrooms!

September 17 at 5 pm – Junior EYC begins. Grades 3 and up! Dinner will be provided. More information to follow.



*Almighty God, giver of every good gift: Look graciously on your Church, and so guide the minds of those who shall choose a rector for this parish, that we may receive a faithful pastor, who will care for your people and equip us for our ministries; through Jesus Christ our Lord. Amen.*

### St. John's Parish Staff



**The Rt. Rev. Brian Seage, Bishop**  
**Mother Elizabeth Graham, Interim Rector**  
**Hope Shotts Steiner, Organist-Choir Director**  
**Terry Willis, Sexton**  
**Jenn Johnson, Church Secretary**  
**Amy Baker, Children's Ministry**  
**Pam Eaves, Nursery Attendant**  
**Lily Burnsed, Nursery Attendant**

### St. John's Vestry

**Kelly Smith - Senior Warden**  
**Bob McDonald - Junior Warden**  
**Bobby Baker - Treasurer**  
**Donna Stewart - Vestry Clerk**  
**Amanda Johns - Personnel**  
**Liz Evans - Outreach/Communications**  
**Johnny Banahan - Activities**  
**Kristin Pugh - Children's Ministry**  
**Matt Jones - Drawdown & Camera Ops**  
**Kathy Khayat - Member**

Office Hours: Monday - Thursday 8 a.m. – noon  
Phone: 228-762-1705

E-Mail: [office.sjecpm.org](mailto:office.sjecpm.org)  
Web: [www.sjecpm.org](http://www.sjecpm.org)



If we missed your Birthday or Anniversary please email or call Jenn with the date. Thank you!

# 2023 AUGUST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	01 *Shirley & John Battley	02	03 Aron Frederic Brent Higdon	04 Nick Morrison	05 Joel Waters
06 Beth William-son	07 Laura Branch Linda Grimes	08 Henry Waters	09	10 Charlotte Waldrep	11 Sonya Williams *Barbara & Bob McDonald	12 Okee Ekenna JoAnne Fontaine
13 Edna Howell	14 Marcia Nichols	15 Loretta Ranck	16 Courtney Garriga	17 *Connie & Doug Belk *Marilyn & Gary Boman	18 Ross Baker Ezra Beasley *Sarah & Dustin Taylor	19 Bob Plovanich *Melanie & Paul Tristani
20 Tyler Demouey	21 Patrick Black Calen Wills *Gayden & Hervey Purcell	22 Ann Banahan	23 Holly Warren	24 *Len & Donnie Murray	25 Pamela Williamson	26 Pamela Williamson
27 *Judy & John Kinard	28 Ben Donald Jimmy Smith Robert Walker	29 Chris Gregory Jessica McNeal *Alice & Bobby Baker	30 31	01 02	01 02	02

\*Anniversary

## *Lay Ministry Schedule August 2023*

	<b>August 6th</b> The Transfiguration	<b>August 13th</b> Eleventh Sunday after Pentecost	<b>August 20th</b> Twelfth Sunday after Pentecost	<b>August 27th</b> Thirteenth Sunday after Pentecost
<b>Verger</b>	Dale Harkey	Bill Nelson	Dale Harkey	Bill Nelson
<b>Lectors/ Chalice Bearer</b>	<b>8:00am</b> Gina Bardwell	<b>8:00am</b> Bob McDonald	<b>8:00am</b> Teresa Williamson	<b>8:00am</b> Mary Maner
	<b>10:30am</b> Mary Mgt Bailey	<b>10:30am</b> Terry Guynn	<b>10:30am</b> Karen Nelson	<b>10:30am</b> Calen Wills
	Bruner Bosio	Carol Hutcherson	Kathy Roberts	Anna Stewart
<b>Acolytes</b>	Landon Beasley, Izabella Beasley, Emily Pugh, & Nelson Pugh	Gabby Kyzar, Paker Demouey, & Anderson Wills	Fin Battley, Bennett Switzer, & Ann Banahan	Landon Beasley, Izabella Beasley, Emily Pugh, & Nelson Pugh
<b>Ushers</b>	Terry Harris	David Minkler	Ted Battley	Calen Wills
<b>Altar Guild</b>	Len Murray Amanda Johns	JoAnne Fontaine Priscilla Battley	Tonya Latady Anna Stewart	Rhonda Shook Connie Belk
<b>Flower Guild</b>	Amy Baker	Jill Bosio	Stacey Baumhauer	Barbie Harkey